



At Work/Au travail

1 out of **5**

Canadians will experience a Mental Health illness

Up to **90**%

of those Canadians are unemployed

40%

more than any other group

78%

report employment is the area they experience the most stigma

Every accomplishment began with the decision to try

At Work/ Au travail is a National collaboration delivered in 13 communities across Canada. Working with employers and connecting people to meaningful employment opportunities, we can make Canada a diversified and equitable place for all people to work.

By partnering with At Work/Au travail you will have access to:

- Individualized employment planning
- Pre-employment preparation including labour market research, resume development, interview prep and employer negotiations
- On the job training and supports as required
- Ongoing job maintenance support

SERVICES AVAILABLE IN

British Columbia

Mid Island
Vancouver
Victoria

Manitoba

Winnipeg

Ontario

Niagara
Ottawa
Toronto
York

New Brunswick

Fredericton

Nova Scotia

King's County

Prince Edward Island

Charlottetown

Newfoundland

St. Johns