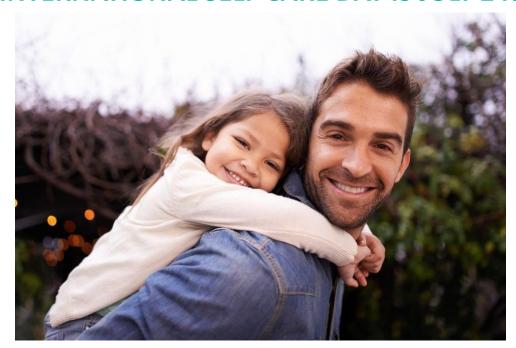


Association canadienne pour la santé mentale Nouveau-Brunswick La santé mentale pour tous

LET'S WALK FOR SELF CARE

INTERNATIONAL SELF CARE DAY IS JULY 24!



Wednesday, July 24 12:00 p.m. – 1:00 p.m. RAIN OR SHINE Deer Island Health Center 999 Rte 772, Fairhaven

FREE EVENT - NO REGISTRATION NEEDED ALL WALKERS WILL RECEIVE A FREE BATH BOMB

For more information, please contact:

Lisa Cheney

506-755-4060 or lisa.cheney@gnb.ca