

ANNUAL REPORT

2014 - 2015



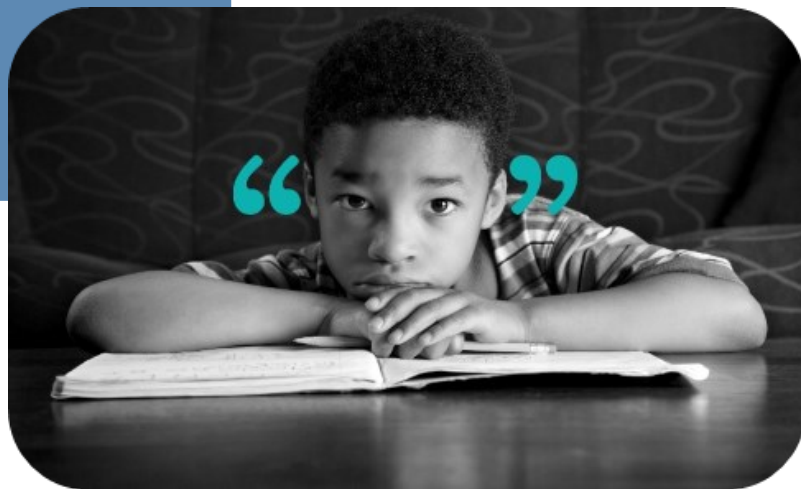
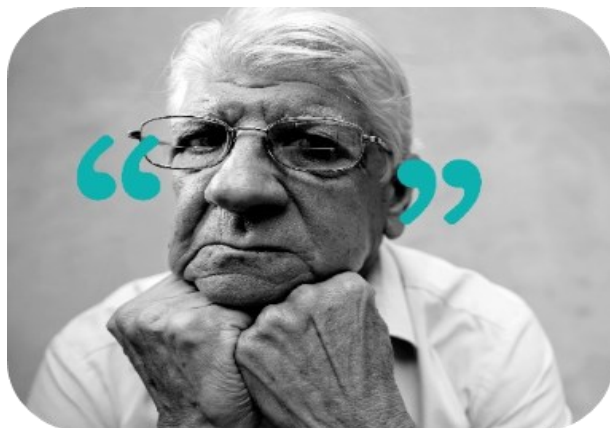
MISSION

As the nation-wide leader and champion for mental health, CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience, and support recovery from mental illness.

VISION

Mentally healthy people in a healthy society.

BE MIND FULL
CHAMPIONS FOR POSITIVE MENTAL HEALTH SINCE 1918



Canadian Mental
Health Association
New Brunswick
Mental health for all

Association canadienne
pour la santé mentale
Nouveau-Brunswick
La santé mentale pour tous

Message from Dr. Rice Fuller, President

The past year represents the 1st full year that the Canadian Mental Health Association of New Brunswick has operated as a single province-wide organization after a long process of amalgamation. Our hope was that re-organizing CMHA in New Brunswick would allow us to speak with a stronger province-wide voice, be able to make a powerful case for support of CMHA, and provide consistent and accountable programs and services throughout the province. Over the past year these hopes have been realized and in many cases exceeded.

All of the credit for the successes of the past year go to the incredibly hard-working and dedicated staff who work for CMHA of NB throughout the province. Our team has a dynamic, dedicated, and creative new leader in Christa Baldwin. Christa started the year as the Acting Executive Director and was an easy choice as the best candidate to assume the role of ongoing Executive Director when the position was posted in November. Christa's leadership has energized our staff around the province and provided CMHA of NB with renewed vigour and purpose.

As I look forward to the coming year I feel as confident and optimistic about our organization as I have in my 4+ years serving on the Board of Directors. We have many exciting events already planned including the 10th annual Mindscapes exhibit, also celebrating the 65th Anniversary of CMHA in NB. Also this year we will be rolling out updated and well-researched programs for our Community Education Coordinators to use around the province. These programs will ensure that we are providing consistent, accurate, and cutting-edge programming all around the province. Finally I look forward to continuing to work on ensuring that our Board of Directors has the proper mix of skills, lived experience, and regional representation to help guide and direct CMHA of NB on our journey far into the future.

In closing I would like to say a special thank you to our amazing team of Community Education Coordinators and the Program Coordinators and other Staff at our regional and provincial offices. None of what we have accomplished in the past year (and before) would be possible without you. I look forward to working with all of you in the coming year as we continue to work to achieve our Vision of mentally healthy people in a healthy society.

Respectfully Submitted,

Rice Fuller

President CMHA NB



Evidence in support of the benefits of amalgamation include:

- The huge success of Mental Health Week events around the province.
- A stronger and closer relationship with the provincial Department of Health which has resulted in renewal of our contract for the Regional Community Worker (now called Community Education Coordinators) program.
- Significantly increased fundraising and donations from around the province. Highlights include significant contributions from NB Liquor, Sobey's, Three Mountain Relay, and many others.
- Continued success of our flagship events including Mindscapes (Miramichi), Women and Wellness (Fredericton and Moncton) and A Day in Her Shoes (Saint John).

CMHA programs reaching more than 25,000 people around the province in the past year.

Message from Christa Baldwin

Executive Director

The Canadian Mental Health Association of New Brunswick has made incredible progress on many fronts this last year. We have created and strengthened collaborative community partnerships. We have developed our capacity for new ways to address the mental health and mental illness needs of the residents of New Brunswick.

We are seeing benefits of our fund development efforts and making steady advances. There are more sponsors now than a few years ago. We are thankful for these organizations and businesses whose support helps us in program delivery, services and events like Mental Health Week. These results help CMHA of NB provincially to continue to enhance programs and services for the people we support and serve.

There has been a lot of work over the past year with our social media and branding. There has been much growth on our Facebook page from 130 to now over 1000. We have had more visits to our website and with the online traffic we also see a correlation to growth in online donations.

The new brand strategy, “Be Mind Full” is a powerful call to action that reminds all people that we must be mindful and compassionate for each other. The national branding has helped CMHA of NB’s amalgamated entity as it reflects an organization that is truly working together and embracing a common identity.

We have further strengthened the work of CMHA of NB since the amalgamation in 2013 through enhancing our structure, developing core presentations, program delivery and sustainability planning. Over the next year, strategic planning will further strengthen our organization and highlight our grassroots community perspective.

CMHA of NB is working hard to raise awareness on mental health and provide education on mental illness which in turn helps remove the stigma so people reach out for support without discrimination. We feel a positive shift in society but there is still much work to do. We are committed to providing quality programs and services and are determined to promote our vision of mentally healthy people in a healthy society.

We have 24 staff in 18 locations throughout the province, along with volunteers and Board members who are dedicated and passionate working together to promote mental health for all and support the resilience and recovery of people experiencing mental illness.

CMHA of NB is also thankful to the government, corporations and businesses that support specific CMHA of NB programs, services and events.

We are making a difference together.

Respectively Submitted,

Christa Baldwin

Executive Director CMHA of New Brunswick



We are excited to announce a new partnership with the Department of Health for Changing Minds Training. Through this partnership we will reach more than 1000 government employees and offer T4T to 40 professionals.

Message from Robin Ward, Program Coordinator

CMHA of NB Fredericton

The Program Coordinator, CMHA of New Brunswick in Fredericton is responsible for promoting the mental health of all people through education sessions, public awareness activities, advocacy and resources in the urban communities. The Program Coordinator's main responsibilities include; coordination and delivery of programs (including Changing Minds, Kids Have Stress Too!, Applied Suicide Intervention Skills Training, workshops and presentations, development of community partnerships, promotion of CMHA of New Brunswick programming and services, volunteer management, coordination of special events and assist with fundraising. The CMHA of New Brunswick Program Coordinator, Fredericton Office, is the primary trainer for the "Changing Minds Program" public Anglophone sessions throughout the province and the sole trainer for the programs private/group Anglophone sessions.

Changing Minds continues to grow as one of the signature programs of CMHA of NB. The past year has seen both private and public sessions of the program. The feedback on the program is always positive and participants leave with a feeling that they will be able to work with or support someone with mental illness in a much more knowledgeable and empathic manner. In providing this training I have met many wonderful people who care deeply about mental health and want to make a difference within their communities and families. For me personally this is a very rewarding program to facilitate.

Our newest program was a success in Woodstock. This eight week program promises to be one which will make such a difference in the lives of those dealing with mental illness and impact their road to wellness. We are excited to now have sessions scheduled in Fredericton.

Our 3rd annual Women & Wellness event in Fredericton was once again a great success. The organizing committee was fantastic! They contributed countless hours, lots of laughs and much muscle to make the evening such a success. Thank you ladies and I look forward to working with you again for the 4th annual.

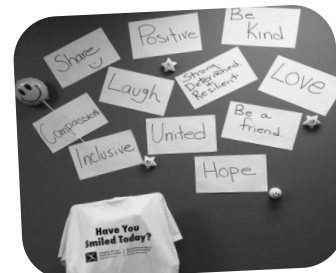
Public awareness sessions, display kiosks and committee representation requests continue to increase as we become better recognized within the Fredericton area. We have reached over 1800 people through our services in the Fredericton area.

Our first Kindness Day was held in August 2014 in Fredericton. Kindness Day was designed to promote acts of kindness in our communities. It is a day where the importance of kindness and it's affects on ones own wellness -mind, body and spirit.

Giving is good for you

When we give to others it activates the areas of the brain associated with pleasure, social connection and trust.

Altruistic behaviour releases endorphins in the brain and boosts happiness for us as well as the people we help.



Message from CMHA of NB, Moncton Satellite Office

The past 12 months have been yet another successful year for the Moncton Office of CMHA. This success would not have been possible without the generous support provided by our talented program facilitators, innovative community stakeholders, partner agencies, dedicated volunteers, and many community members. We are so lucky to work with all of you!

In order to meet community need and fill service gaps, we provide educational and support programs free of charge to community members. This would not be possible without the generous support from Sobeys, Three Mountain Relay, Horizon Health Network, United Way of Greater Moncton and Southeast New Brunswick, City of Moncton, Canada Summer Jobs, Women and Wellness, Solstice Swap, as well as many other public and private donations. So for all of you who support the work of CMHA Moncton, the impact you are making on the lives of people with lived experience and their loved ones is tremendous!



We know that our programs are increasing the quality of life of our participants from the feedback that we receive. Here are two powerful statements from program participants: “This is the best program I have ever taken in all my years of working” and “This program completely changed my life”. This fosters our commitment and dedication to the work that we do in our communities.

Responding to Community Crisis

Following the tragic shooting deaths of RCMP officers this past year, CMHA of NB recognized the need to help support the community in a time of trauma, fear, grief, healing, and recovery. Initially, we received many calls of crisis or seeking assistance for grief, trauma, or PTSD. We also had many calls of confusion, helplessness, fear, and uncertainty. As several community debriefing sessions were organized, a need became apparent for a community follow up session in order to determine steps that could be taken within the community to support a process of healing and moving forward. The CMHA of NB Moncton Office was able to host a community outreach session, open to all community members, hosted and facilitated by a professional grief therapist and consultant. As a result of the community session, we came to agree on several projects that could be developed to help support the community.

One conclusion from the community session was the need for community-wide education/awareness on the topic of PTSD. Many individuals within our local regions were expressing symptoms of PTSD, or from having experienced trauma. A substantial portion of the community were struggling in silence as they were unaware of how much their mental health had been impacted, or that, even without being a member of a front-line agency, it is still possible to experience PTSD. CMHA of NB, in collaboration with other community agencies, were able to print information/fact sheets outlining what PTSD involves, including symptoms, signs, and risk factors. The sheets also included information on what to do if you are experiencing identified symptoms, or where to seek help. These info sheets were distributed to businesses, agencies, community sessions, schools, and other areas of the community, to make them as accessible as possible.

High School Grief Group:

Unfortunately, suicide is an issue that impacts all individuals, regardless of their age. This year, Moncton High School experienced a significant loss from a suicide of a young student, who was well known and an active member of the school population. In response to this crisis, CMHA of NB Moncton Office offered an effective community response, as we provided the school and their students with grief therapy groups to help them through the grief recovery process, understanding suicide, as well as providing support to students and teachers.

The CMHA of NB Moncton office has had an exciting and successful year. We are looking forward to the many new and ongoing programs and activities coming over the next year. As we continue to grow and work collaboratively within our local regions, we are growing the conversation about mental health, reducing stigma, and enhancing services/policies related to mental illness.

PROGRAMS

- Bipolar & Mood Disorder Support Group
- Living with Depression
- Family & Friends Support Group
- Strengthening Families Together
- Your Recovery Journey
- Grief & Loss Recovery
- Kids Have Stress Too
- Parenting Children with ADHD
- Adults Living with ADHD
- Youth Support Group Program

Programs	Sessions offered	Participants
Educational and Support Programs (10)	202	883
Events	Number of events	Participants
Presentations, workshops, special events, kiosks	63	7,177
Total Impact		8,060

Message from CMHA of NB, Saint John Satellite Office

2014-2015 was another busy year for the Saint John Office which provided many wonderful opportunities.

During the Fall 2014, Winter and Spring 2015 we provided the opportunity for more than 190 individuals to benefit from our community education programs:

Understanding Anxiety & Panic Disorder (8-Week) Program offered during the Fall and Spring

Building Self-Confidence (6-Week) Program

Building Assertiveness Skills (6-Week) Program

Depression: Help Can Make A Difference (6-Week) Program

Mindfulness (6-Week) Program

Hope & Healing: Coping with the Suicide of a Loved One (10-Week) Program

The education programs offered by the Saint John Office continue to be in high demand by the citizens of the greater Saint John area. Participants have an opportunity to learn positive coping strategies, share insights thus reducing the social isolation.

Throughout the year, we provided countless presentations within the community focusing on - Mental Fitness, Mental Wellness in the Workplace, Coping with Stress, Work / Life Balance, Youth & Mental Illness and attended wellness fairs within our schools, business and the community at large reaching more than 1,300 attendees.

Special events throughout the year have kept our staff and volunteers busy. These special events could not have been possible without strong community partnerships which are integral to the ongoing success of **A Day in Her Shoes** and **Curl for Mental Health**.

Mental Health Week

On May 7th, we welcomed special guest Helen MacDonnell to **A Day in Her Shoes**. More than 300 people enjoyed spring fashions from Manchester Shoe Salon, Samuel & Co., Envy, Inspire Collections and Walsh Luggage, a silent auction, hors d'oeuvres and wine from Market Square restaurants and raised more than \$20,000 for mental health program and services in the Saint John area.



Curl for Mental Health

Thistle St. Andrews Curling Club generously hosted the 25th **Curl for Mental Health** a key fundraiser of Canadian Mental Health Association Saint John Office.

The staff and volunteers of Thistle St. Andrews Curling Club have been instrumental in the continued success of this event. They have helped us in our goal of raising awareness of mental health, and providing funds necessary to continue on our mission.



The Jim Sullivan Curling Classic

The Saint John Office continues to be a key partner in The Jim Sullivan Curling Classic. This annual event which is held during the first weekend of December we accept donations for the Sullivan Wristband and raise awareness for those affected by mental illness.

We sincerely, thank our volunteers and community partners. As Canadian Mental Health Association of New Brunswick continues to grow your dedication and support is needed to continue to make positive impacts in the coming year. For more information, please contact us at 633-1705.

Sincerely,

Dawn O'Dell and Yennah Hurley
Program Coordinators
Saint John Office

Message from our Treasurer

The consolidated 2014/2015 results finished strong with a near break-even net income (\$4k) despite a budgeted loss of \$38k due largely to higher than expected fundraising income. Lower than anticipated expenses (salaries) meant positive results for both Saint John (\$25k better than plan) and WST (+\$20k). For CEC, increased expenses (program costs, salaries) forced a net income \$58k behind plan. Provincial revenue was \$175k above plan, and was only partially offset by incremental expenses (program costs, salaries), ending the year with a net income \$63k above plan. Moncton finished the year \$38k below plan related to a decrease in revenues from United Way. Madawaska and SPC performed very close to their original break-even budgets (combined under plan by \$15k).

2015 represented a \$16k net income increase over 2014, driven by dramatic increases in provincial revenue (\$212k over 2014). Combined revenues from all sources were \$224k or 15% higher than last year, while on the expense side we saw an increase over prior of \$209k or 14%. Revenues increasing at a higher rate than expenses means more money to the surplus, which helps support us in times of unexpected expenses. The increase in expenses were driven by salaries (positions filled in CEC, provincial), and program costs related to the incremental revenue.

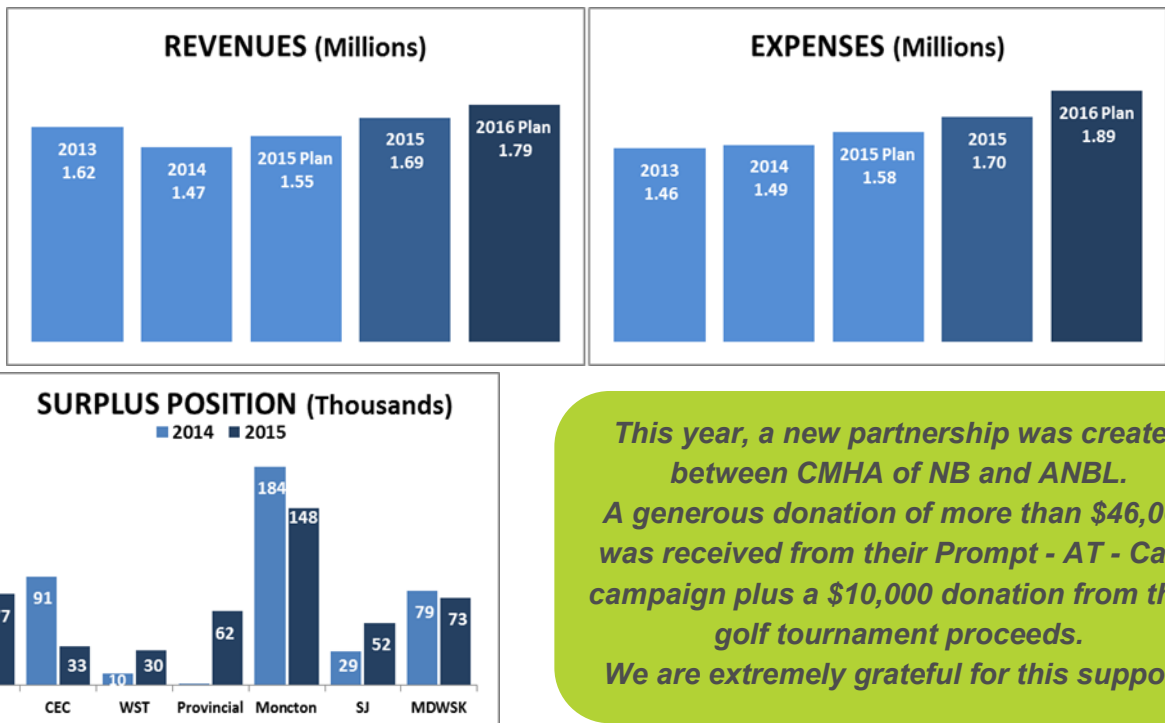
Looking forward to 2016, we are anticipating an overall net income loss of \$106k. Revenues are increased by \$94k despite a \$100k capacity funding decrease and the loss of \$70k United Way Funding in Saint John. These decreases are offset by increases in grants (CEC) and fundraising and donations in the provincial office. On the expense side, we expect an increase of \$196k, driven primarily by Salaries & Benefits costs (\$146k) and program costs (ie support groups). These net losses will be covered by the respective surpluses in the area.

Overall, Canadian Mental Health Association of New Brunswick remains financially strong, with ample cash on hand to meet our obligations and serve our communities as we move forward.

I would like to acknowledge management for their skilled leadership and stewardship of our financial resources as well as the Board of Directors for their demonstrated fiduciary responsibility and due diligence. This last year has been a whirlwind of relationship-building, exposure, and positive movement and I am very excited to see what the new year will bring.

Respectfully submitted,

Angela Hickey CPA, CGA
Treasurer



This year, a new partnership was created between CMHA of NB and ANBL. A generous donation of more than \$46,000 was received from their Prompt - AT - Cash campaign plus a \$10,000 donation from their golf tournament proceeds. We are extremely grateful for this support.

The Working: Stronger Together Program



The Canadian Mental Health Association of New Brunswick (CMHA of NB), has operated the Working: Stronger Together Program since 1989 thanks to the valuable partnership and generous support of the Department of Post Secondary Education Training and Labour. Working: Stronger Together is a countywide Employment Assistance Service (EAS) which provides employment related services, at no cost, to persons with diverse disabilities and/or those with a criminal record or at risk to offend in Charlotte County.

CMHA of NB has a vision of *"Mentally healthy people in a healthy society."* Mental illness is not selective. It affects people of all ages, educational and income levels, religions and cultures including persons with physical, sensory and intellectual disabilities. Everyone is affected by mental illness; if not directly then indirectly through a family member, friend and/or colleague. CMHA of NB works with individuals with wide-ranging disabilities and/or those with a criminal record or at risk to offend.

The Working: Stronger Together Program, comprised of three Employment Counsellors, delivers confidential and professional services for this clientele in Charlotte County with the purpose of helping them obtain meaningful and sustainable employment.

During the 2014-2015 fiscal year, the Working: Stronger Together team served 279 people and assisted with 87 people becoming employed, self-employed or entering post-secondary education in the Charlotte County area.



Scholarships

CMHA of New Brunswick is fortunate to have two educational scholarships. Both are intended to help people experiencing mental illness acquire the educational or vocational skills necessary to reintegrate into society and help them move forward with their lives. To be eligible for the scholarship applicants must be: a resident of New Brunswick; diagnosed with a severe mental illness, for example, schizophrenia, schizo-affective disorder or bipolar disorder; receiving medical treatment for the disorder, including medication and psychiatric care. We were proud to award two exceptional individuals the scholarships described below.

Moving Lives Forward

CMHA New Brunswick has been offering the "Moving Lives Forward Scholarship" funded by Eli Lilly Canada since 2008. The "Moving Lives Forward Scholarship" offers financial assistance for a variety of educational opportunities to residents of New Brunswick.

Bayview Credit Union Terry Craig Memorial Scholarship

In 2013-2014 the Bayview Credit Union and CMHA of New Brunswick partnered on the establishment of the *Bayview Credit Union Terry Craig Memorial Scholarship*. The Bayview Credit Union's Board of Directors authorized the establishment of an annual \$1000 scholarship for a student who is a resident of Southern New Brunswick (St. Stephen to Sussex) with a diagnosed mental health issue in memory of their former employee Terry Craig. It was offered for the first time during the academic year 2014-2015.

CMHA of NB Highlights from 2014-2015

Mindscales New Brunswick, a CMHA-NB annual provincial art exhibit, celebrates the talents of persons with lived experience of mental illness. The works of art can offer insight into life's small moments and victories. They can reflect the importance of expressing life's challenges and finding peace in the face of adversity. The exhibit can be seen as a road map through mental health. The talent is amazing.

Mindscales New Brunswick 2014 was held at the École Carrefour Beausoleil in Miramichi during the month of October 2014 and was once again very successful with 74 artists with lived experience of mental illness taking part. There were 109 pieces of art displayed!

Mindscales New Brunswick is a well-deserved celebration of abilities and talents. It is about making connections and helping to rid society of the myths and stigma surrounding mental illness. Annually attendance has grown and it is easy to see the increased level of self-confidence and pride that the artists demonstrate. The planning for 2015 is well underway.



This unique charity event grew out of one family's response to the loss of a beloved son and brother to suicide. It supports the important work of the Canadian Mental Health Association, backed by generous sponsors and dedicated volunteers. The money raised helps the CMHA of New Brunswick deliver programs that support people with mental illness and their caregivers as well as to educate the public on mental health issues.

What began as a kitchen party with 54 women has grown to reach thousands of women annually through events in Nova Scotia, Prince Edward Island, New Brunswick, Ontario, Manitoba and British Columbia. Since its inception, over \$1,000,000 has been raised for CMHA offices throughout Canada. People are talking and programs are being supported. The walls which have surrounded those with mental health issues are coming down. We continue to invest significant funds and volunteer hours to support the growth of this signature event nationally.



In New Brunswick CMHA-NB delivers "Kids Have Stress Too" through the province. The program is designed to help parents and caregivers understand childhood stress and how to provide children with the tools to deal with stress effectively. It is a prevention program intended to provide parents, caregivers, and communities with the knowledge, awareness, and skills to help young people become healthier and more resilient through learning how to manage their stress. Stress can affect children's physical, emotional, social and intellectual well-being and they experience stress differently than adults. Children under stress have weakened immune systems and are three times more likely to catch respiratory infections. Brain development in very young children can be negatively affected by extreme stress.

CMHA of NB is extremely grateful to MindCare New Brunswick through their Skate To Care Funding provided CMHA of New Brunswick with a grant for staff to provide KHST! Throughout the province.



Community Education Coordinator Program

The Canadian Mental Health Association of New Brunswick has a long standing partnership with the provincial government which was established to address a need for mental health education, community development and supports in the rural areas of the province.

The Goals & Objectives of the Community Education Coordinator Program are:

- To promote good mental health by increasing public awareness, attitudes and practices that lead to the enhancement of good mental health.
- To promote appropriate use of the mental health service system by providing information that encourages appropriate self-responsibility and making appropriate community linkages.
- To promote community awareness of mental health issues and generates the development of community services and programs.
- To support mental health consumers by promoting and supporting the development of self-help groups and by advocating on behalf of individual mental health consumers when they are unable to resolve questions/concerns on their own.

Effective April 1st, 2015 the Regional Community Worker Program adopted a new name of Community Education Coordinator Program, as it better describes the mandate of the program. Currently we have a team of eleven dedicated Community Education Coordinators who are passionate about the work they do in their local communities. During the 2014-2015 fiscal year, this team worked with over 23,000 people in presentations, programs, self-help groups and/or on an individual basis. In addition to meeting their public awareness and support mandate, the Community Education Coordinators were active on many committees who were developing services for their communities. The Canadian Mental Health Association of New Brunswick is lucky to have a very strong and innovative team who are always coming up with new ideas to generate community involvement through public awareness, special events and regional initiatives. Most of these events are open to the general public and therefore it is difficult to obtain a clear picture of the number of people actually touched by the work of our Community Education Coordinators. This program continues to be a tremendous asset to the Canadian Mental Health Association of New Brunswick!

Changing Minds is a two-day, eight module innovative, multi-use mental illness educational program.

Developed by CMHA Newfoundland, "Changing Minds" provides effective communication tools to help people understand mental illness. It was created in order to address a community need for mental health education, stigma reduction and to promote a better understanding of mental health and mental illness. It is a evidence based, best-practice model that uses personal stories/videos to elucidate the lived experience of mental illness, didactic and experiential material to educate participants on signs and symptoms of mental illness, resulting greater understanding and reduction of the misconceptions and stigma associated with mental health issues. CMHA-NB obtained sole ownership for delivery in New Brunswick and launched it in both official languages in spring 2010.

Changing Minds

CHANGING MINDS	Number of workshops	Number of Participants
Summary of Changing Minds Trainings	8	166

"ASIST" APPLIED SUICIDE INTERVENTION SKILLS & TRAINING

Number of workshops 18
Number of Participants 300

"I'M THUMBODY" PROGRAM

Number of Presentations 168
Number of Participants 2,704

Community Education Coordinator Annual Report Information

**Summary of
Advocacy / Information / Referrals**
2,236

SPECIAL EVENTS
Number of Events
67
Number of Participants
9, 079

PUBLIC AWARENESS
Number of Events
187
Number of Participants
790

REGIONAL INITIATIVES
Number of Meetings
71
Number of Participants
275

COURSES
Number of Course Sessions
72
Number of Participants
299

COMMUNITY DEVELOPMENT AND SUPPORT

Self-Help / Support groups
Number of Meetings: 66
Number of Participants: 288

Committees/Meetings/Other
Number of Committees: 63
Number of Meetings: 252
Number of Participants: 1889

PUBLIC EDUCATION AND AWARENESS

Presentations
Number of Presentations
192

Number of Participants
4, 801

Partnerships

CMHA of NB works collaboratively with many organizations within the community, especially with partners who work towards the promotion of positive mental health and eliminating stigma attached to mental illness. Organizations such as the Atlantic Wellness Community Health Centre, and agencies such as government mental health services are all key partners within our community that work towards the same goals as CMHA of NB. As such we recognize the importance of working with them to provide services and build mutual capacity.

CMHA of NB has been working to establish not only resource partnerships, but also programming partnerships to offer mental health services together, and build/enhance services, rather than duplicating services.

CMHA NEW BRUNSWICK HELPS MORE THAN 25,000 PEOPLE ANNUALLY

SKILLS TRAINING AND EDUCATION
SCHOLARSHIPS
SUPPORT GROUPS
RECOVERY PROGRAMS



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Provincial Office

Christa Baldwin (Executive Director)
Kimberly Wall (Director of Operations)
Robin Ward (Program Coordinator)
Sylvie Power (Director of Fund Development)
Denise Miller (Communications Advisor)
Becky Arseneault (Administrative Assistant)

CMHA of New Brunswick Employees 2014-2015

Community Education Coordinators

Corey Ferguson /Denise Miller	Zone 1
Vacant	Zone 1
Gwen McKnight	Zone 2
Rosslyn Allen	Zone 2
Kristie Dickinson/Matthew Flemming	Zone 3
Mindy Levesque	Zone 3 & 4
Josée Martin	Zone 4
Cécile Goulette	Zone 5
Jolaine Thomas	Zone 6
Julie Spence	Zone 6 & 7
Kelsey Legacy	Zone 7

CMHA of NB Satellite Offices

Moncton

Kristen Barnes	Program Coordinator
Melissa Baxter	Program Coordinator
Diana Gregory	Administrative Assistant

Saint John

Dawn O'Dell	Program Coordinator
Yennah Hurley	Program Coordinator

Working: Stronger Together

Jennifer Price	Employment Counsellor
Michelle Deveau	Employment Counsellor
Gillian Goff	Employment Counsellor

CMHA of New Brunswick

Board of Directors 2014 - 2015

EXECUTIVE

Dr. Rice Fuller (President)
Angela Hickey (Treasurer)
Juanita Hamilton (Secretary)

MEMBERS AT LARGE

Joy Bacon
Aaron Savage
David Beckerson

REGION REPRESENTATIVES

Christine Thériault (Madawaska)
Roger Stoddard (Saint John)
Francine Bernier (NB Mental Health Consumer Network)

Staff Recognition

The employees of CMHA of New Brunswick are leaders in their fields and are highly professional. Each employee is valued for the role they play in serving New Brunswickers. We work in a climate of trust, respect and communicate openly. Our management style is team-based, providing us with opportunities to facilitate change within the organization. The leadership is strengthened by the participation of employees, at all levels and the volunteers who form the Board of Directors. We have the authority, responsibility and support needed to do our jobs well. We value team success, while recognizing individual contributions.

CMHA of New Brunswick has a staff recognition program thanking staff at 5, 10, 15, 20, and 25 years of service with the association. This year we would like to publicly recognize the following:

Robin Ward : 20 years

Dawn O'Dell : 5 years



**Canadian Mental
Health Association**
New Brunswick
Mental health for all

**Association canadienne
pour la santé mentale**
Nouveau-Brunswick
La santé mentale pour tous

The Canadian Mental Health Association of New Brunswick

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