



**Canadian Mental
Health Association**
New Brunswick
Mental health for all

**Association canadienne
pour la santé mentale**
Nouveau-Brunswick
La santé mentale pour tous

Call for Mental Health Professional Facilitator *General Call*

Background:

As a province-wide, voluntary organization, the Canadian Mental Health Association of New Brunswick (CMHA of NB) promotes the mental health of all and supports the resilience and recovery of people experiencing mental illness. CMHA of NB accomplishes this mission through advocacy, education, research and service. The Canadian Mental Health Association of New Brunswick (CMHA of NB) Fredericton & Region is responsible for providing service to the citizens residing in Fredericton & Region

CMHA of NB Fredericton & Region *is* seeking proposals to contract a facilitator as outlined in this document. It is expected that the program will be offered during the timeframe of October – December, January – March OR March - May.

Objective:

The Facilitator will contract with CMHA of NB to plan and deliver the outlined program. The Facilitator is responsible to:

- Represent CMHA of NB in a professional manner.
- Provide a supportive and healing environment for individuals who have diagnosed mental illness.
- Offer full number of weeks and sessions based on program details

Programs:

- D2R: From Dependency to Recovery – 8 weeks
- Mindfulness – 6 weeks
- Art of Recovery – 7 weeks
- Engaging Families in Recovery – 10 weeks
- Art of Friendship – 6 weeks
- Grief and Loss Recovery – 10 weeks

Technical (Reporting and Communication):

The Program Facilitator will:

- Report to and communicate with the CMHA of NB Fredericton & Region Community Program Coordinator on a regular basis.

- Submit program weekly evaluations, final program evaluations and pre / post-evaluations upon completion of the program.
- Submit a final program report and invoice, no later than 14 days following the last program session.

Proposals Must:

- Provide proof that the applicant is at least a Canadian Certified Counsellor or Registered Social Worker.
- Provide proof that the applicant has recently completed the ASIST training
- Demonstrate the applicant's expertise in the areas of facilitation, communication, community resources and other sources of support.
- Provide details of expertise with facilitation and understanding of the needs of individuals living with mental illness.
- Provide details of expertise in the delivery of similar programs.
- Identify any options to "add value" to the program.
- Provide three references with contact information from past programs (ideally of a similar nature).
- Include a detailed budget and timeframe of delivery.

Evaluation:

Proposals will be evaluated on the following evaluation criteria:

- Demonstrated experience facilitating mental health education programming.
- Understanding, knowledge and experience of supporting families of individuals with mental illness.
- Quality of past work reviewed and / or references received.
- Excellence in the written submission and in the quality of ideas and methods proposed.
- Demonstrated ability to deliver the program within scope / scale.

Remuneration for the outlined program will be based on the standard contract rate of CMHA of NB education programs.

Submissions:

An electronic submission in WORD or PDF format should be sent to: Julie Allain julie.allain@cmhanb.ca & Curtis Lauzon curtis.lauzon@cmhanb.ca The deadline for submissions is August 25, 2023.

For more information, please contact:

Curtis Lauzon

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